

ADPRO Sports Panther Invite 2018

General Information: The meet will be run on May 5th, 2018 at Sweet Home High School, which is located at 1901 Sweet Home Road, Amherst, NY. The meet will begin at 2:00 for field events and 2:15 for track events. All teams should arrive by 1:15 for warm ups.

Entries: Please email your interest in competing to brianlombardo77@gmail.com by April 23rd, 2018. All meet entries should be done on yentiming.com. If you do not have an account it is easy to set one up. Once you have confirmation of meet acceptance you will have access to the meet on yentiming.com. Entries will close Wednesday May 2nd at 8pm. Entries will be emailed out by Friday at 9am and any corrections should be sent to brianlombardo77@gmail.com at that time.

Awards: All individual event winners will receive either a bag or a championships shirt, with Panther Invite Champs embroidered on the item. Places 2-6 will receive ribbons. Top 3 in each relay will receive medals, with 4th-6th receiving ribbons. All competitors are limited to earning one championship item. If they win a 2nd event the item will be handed down to the 2nd place competitor in that event.

Cost: There is a \$150 entry fee for a male or female team entry, or \$250 for a team with both genders. If you wish to enter only a few events, there is a \$10 entry fee per individual event, and \$25 per relay. Checks should be made out to Sweet Home Track and Field Boosters, and mailed to 1901 Sweet Home Road, Amherst, NY, 14228 Attn: Brian Lombardo.

Entry Limits: New York State rules allow for 4 events per competitor per meet. You can enter up to 2 individuals per event with one relay. Up to 3 athletes can be entered if all meet or exceed the entry standard. We are looking to get the best possible fields for an early season higher-level meet.

3rd entry standards: Girls first then boys standards, marks could have been achieved previous indoor season or previous outdoor season. 100-13.34/11.74, 200-27.84/24.24, 400-64.44/54.24, 800-2:34.24/2:07.24, 1500-5:19.24, 1600-4:50.24, 3000-11:40.24, 3200-10:40.24, 100H-17.84, 110H-17.74, 400H-74.24/62.74, LJ-15'/19', TJ-31'/38', HJ-4'8"/5'6", PV-8'/10'6", Shot Put-30'6"/42', Discus-89'/118'. Please note you only need this standard for your athletes if you are entering 3 athletes!!!!

Events and Scoring:

- Hurdles: There will be semi's and finals for hurdles. Assuming we have more than 6 heats it will be the top 8 times to the final, with the 1st 3 heats of the hurdles power

seeded to get the fastest against the fastest. If we have 5 or less it will be the winner of each heat and the next fastest times to final. The semi's will be girls then boys, the finals will be boys then girls.

- 100 Meters: There will be semi's and finals for the 100 meters. Assuming we have more than 6 heats it will be the top 8 times to the final, with the 1st 3 heats of the hurdles power seeded to get the fastest against the fastest. If we have 6 or less it will be the winner of each heat and the next fastest times to final.
- Track races: All other track events will be run slow heat to fast heat.
- **Team Scoring:** Top 3 teams will be given team trophies in each gender, with one trophy to the top combined boys and girls team. Each event will be scored 10-8-6-4-2-1.

Results: All results will be posted at the meet on the press box side of the track, as well as posted on section6runs.com after the meet ends.

Panther Invite Order of Events

Track Events-Begins at 2:15. **Time order is an estimate-we will run ahead if possible.**

2:15	100 Hurdle Semis
2:30	110 Hurdle Semis
2:45	3000 Meters
3:15	3200 Meters
3:40	110 Hurdle Finals
3:45	100 Hurdle Finals
3:50	100 Meter Trials (G/B)
4:20	1500 Meter Run
4:40	1600 Meter Run
4:55	100 Meter Finals (G/B)

5:00 400 Meters-Finals by time (G/B)
5:30 800 Meters-Finals by time (G/B)400
6:00 400 Meter Hurdles- Finals by Time (G/B)
6:30 200 Meters-Finals by Time (G/B)
6:50 4x800 (G/B)
7:20 4x100 (G/B)
7:40 4x400 (G/B)

Field Events:

2:00 Pole Vault Boys
4:30 Pole Vault Girls
2:00 LJ Girls-3 jumps each, top 8 to finals (Concession Stand)
2:00 LJ Boys-3 jumps each, top 8 to finals (Finish Line)
5:00 TJ Girls-3 jumps each, top 8 to finals (Finish Line)
5:00 TJ Boys-3 jumps each, top 8 to finals (Concession Stand)
2:00 Boys Shot, 3 throws each, top 8 to finals
2:00 Girls Discus, 3 throws each, top 8 to finals
5:00 Boys Discus, 3 throws top 8 to finals
5:00 Girls Shot Put, 3 throws to 8 to finals
2:00 Girls High Jump
4:00 Boys High Jump

Boys Meet Records

Event	Name	School	Year	Performance
110H	Max Gloskey	Webster Thomas	2016	14.85
100M	Desmond Nicholas	Canisius	2016	10.92
200M	Darren Thompson	St. Joes	2016	22.12
400M	Eric Johnson	Sweet Home	2016	51.02
800M	Andrew Heitzhaus	Canisius	2015	1:58.95
1600M	Chris Nowak	Sweet Home	2017	4:23.82
3200M	Matt Mercer	Orchard Park	2015	9:53.22
400H	Chris Dabney	Sweet Home	2015	58.06
Long Jump	Alex Buczynski	Canisius	2016	23'1.25"
Triple Jump	Trevon Tripp	Rush Henrietta	2015	44'1"
Shot Put	Devon Patterson	Will South	2013	56'11.5"
Discus	Ryan Hunter	Canisius	2013	161'11"
High Jump	Bryce Moeller	Barker	2013	6'0"
Pole Vault	Josh Willson	Sweet Home	2015	12'0"
4x800	Puskar, Johson Totaro, Mercer	Orchard Park	2015	8:31.78
4x400	Johnson, Nowak Schultz, Davis	Sweet Home	2016	3:30.76
4x100	Satcher, Marong Hornberger, Nicholas	Canisius	2015	42.57
3000 M Steeplechase	Peter Miller	Sweet Home	2015	10:50.10

Girls Panther Invite Meet Records

Event	Name	School	Year	Performance
100H	Tiana Luton	Sweet Home	2016	14.56
100M	Jamie Guadango	Orchard Park	2015	12.23
200M	Nia Stevens	Tapestry	2017	25.61
400M	Jenna Crean	Orchard Park	2015	57.06
800M	Gabrielle Orié	Nardin	2016	2:19.14
1500M	Sam Peterman	Sweet Home	2016	4:39.09
3000M	Danielle Orié	Nardin	2017	10:08.49
400H	Tiana Luton	Sweet Home	2016	1:04.83
Long Jump	Jamillyah Mallory	Amherst	2017	17'3
Triple Jump	Nerae Trueheart	Sweet Home	2016	37'09"
Shot Put	Jesse Dahliwall	Grand Island	2013	40-11.5"
Discus	Jesse Dahliwall	Grand Island	2013	134-01
High Jump	Alexie Zeigler	Orchard Park	2015	5'2"
	Morgan Halt	Amherst	2016	5'2"
Pole Vault	Aubrey Rockoff	Amherst	2016	10-00
4x800	Doyle, Hildreth Ortega, Peterman	Sweet Home	2015	9:45.77
4x400	Vahue, Oviasogie Robertson, Cook	Williamsville South	2016	4:07.76
4x100	Luton, Brown Roberson, Ware	Sweet Home	2015	48.62
2000 M Steeplechase	Claire Losito	Williamsville South	2015	7:15.10