

Wallkill Senior High School





Friday April 20, 2018 4:30 PM

Cost: \$200 per school (Boys and Girls)

*Maximum of 12 Schools – With at least one school from each county (Dutchess, Orange, Ulster) represented before others allowed.

Timing: Fully automatic timing provided by Fulton Accurate Timing

Entry: Mailed or e-mailed entry form: *IN OUR HANDS BY TUESDAY APRIL 3RD* Roster & event entry done on line, *ONLY AFTER* we receive your entry form

Email your- entry to our meet to Eric McLaud at <u>esmclaud@yahoo.com</u> (If you do not get a response from Eric – please call to confirm)

Once your entry is received, you will be emailed the password to enter your rosters and lineups on milesplit which will be due by Thursday April 18 at 11 PM

Send voucher or check payable to "Wallkill Varsity Track" by Monday April 3, 2018. Wallkill Athletic Department PO Box 310 90 Robinson Drive Wallkill, NY 12589

Any questions please contact: Eric McLaud: 845-800-1369



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Order of Events & Entry Limitations

TRACK EVENTS (All events Boys before Girls) Clerk in Infield unless stated with *

Fastest First

3200m/3000m Run (2 entries per school) 1 heat each maximum of 24 runners 110m/100m Hurdles (Unlimited) *Clerk at Starting Line 100m Dash (Unlimited) *Clerk at Starting Line 800m Run (Unlimited) 400m IH (8 entries) 200m Dash (8 entries) *Clerk at Starting Line 400m Dash (8 entries) 1500/1600m Run (8 entries) 400m Relay (4 teams) 3200m Relay (3 teams) 1600m Relay (4 teams) (Top team from each school in 2 seeded heats in lanes followed by scratch starts with the rest.)

FIELD EVENTS:

Pole Vault (6 entries) 6' up 6 " till finish 1^{st} Boys Pole Vault 7'-8'-9'-10'-11 up 6 to finish 2^{nd} Girls Pole Vault 6' up 6" to finish

High Jump

 1^{st} Girls High Jump (5 entries) 3-6, up 3" until 3 competitors left. 2^{nd} Boys High Jump (5 entries) 4-6 up 3" until 3 competitors left.

Boys & Girls Long Jump (8 entries) Two Runways Boys & Girls Triple Jump (8 entries) Two Runways

Boys Shot Put then Girls Shot Put (8 entries) Girls Discus then Boys Discus (6 entries)



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General Rules of the Meet:

ENTRIES FOR THE MEET WILL BE THROUGH Milesplit. ALL ENTRIES MUST BE IN NO LATER THAN Thursday Night April 19 at 11:00 PM. All Track Results will be done with FAT timing.

- 1. Athletes may compete in 4 events
- 2. Clerking will be done at the goal post nearest the finish line.
- 3. No Athletes are to be in the infield unless they are clerking in for their event
- 4. No Team Scores or Awards—This is a meet to try to hit qualifying times for league/section/state
- 5. ¹/₄ in protrusion with spikes on shoes and blocks
- 6. Heats will be run FASTEST FIRST
- 7. Jumps and Throws also will be top athletes first -3 jumps or throws per athlete

There will be a Concession Stand this year serving meet favorites

There also will be port-o-johns down at the end of the stadium for your convenience.



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