## 2024 Fulton Red Dragon Invitational

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Date:	April 18, 2024
Site:	G. Ray Bodley High School 8 lane track
Time:	4:00 Scratch time – 4:30 Start
Cost:	\$325 per school
Entry:	Entries will be made online at: <a href="https://ny.milesplit.com">https://ny.milesplit.com</a> 12 teams Entries due by Wednesday, April 17th 12:00 pm Limit 3 entries for individual events. One relay team per school per relay event.
Dress:	No locker rooms will be available, please come dressed. There are only bathroom facilities.
Awards:	Ribbons for first through sixth.(Varsity Only)
Officials:	<b>F.A.T timing will be provided by Leone timing</b> Officials will be at all key events. Each team must provide a coach to assist with working an event.
Rules:	Federation rules will apply. Pin Spikes – 1/4"
Field Events:	Shot Put, Long Jump, Triple Jump, Discus – three attempts. High Jump and Pole Vault – three attempts at each height.
Concessions:	: Food for sale during the meet. T-shirts will be for sale.
	Please email your intent to participate ASAP to: Alan Weaver
SCHC	<u>aweaver@fulton.cnyric.org</u>
Boy's	OOL: coach:
Boy's	coach phone #/email:

Checks should be made out to: Fulton Sports Booster.

Girl's coach:\_

Girl's coach phone #/email:\_\_\_\_\_

Mail Checks and registration form to:

G. Ray Bodley High School Attn: Athletic Office 6 William Gillard Drive Fulton, NY 13069

## Fulton Red Dragon Invitational Co-Ed TRACK and FIELD MEET

## GENERAL INFORMATION – ORDER OF EVENTS

3 entries per running event, one (1) relay team per event.

## **ORDER OF EVENTS: Girls before boys**

4 x 800 meter relay

110HH (B)

100HH (G)

100 (G/B)

3000/3200 (G/B)

400IH (G/B)

400 (G/B)

800 (G/B)

1500/1600 (G/B)

200 (G/B)

4X100 (G/B)

4X400 (G/B)

FIELD EVENTS: 3 entries per event

SHOT (B/G) followed by JV SHOT (B/G)
DISCUS (G/B) followed by JV DISCUS (G/B)
LONG JUMP (B/G) Open Pit. Boys 4:00-5:30. Girls 5:30-7:00
TRIPLE JUMP (G/B) Open pit. Girls 4:00-5:30. Boys 5:30-7:00
HIGH JUMP (G/B) HJ (G) starts at 4', (B) starts at 5'
POLE VAULT (G/B) PV (G) starts at 6' 6", (B) starts at 8' 6'