

2025 Liverpool Invitational

Entry Fee: \$200 per one gender team
\$325 combined B+G team from one school

Payable to: Liverpool Track & Field Booster % Greg Hamilton
4338 Wetzel Road
Attn: Athletic Office
Liverpool, NY 13090

Date: Saturday May 17, 2025 at 9am

Entry Info:

1. Please notify Greg Hamilton via email at Liverpoolxctf@gmail.com intent to participate by Saturday April 26th, 2025.
2. All entries are to be done online via <http://ny.milesplit.com>
3. Entry deadline will be Thursday May 15th by 11pm. **This meet will be capped to the first 12 boys teams and the first 12 girls teams.**
4. Entries are limited to 2 athletes per event and 1 relay per team. Athletes can compete in a max 4 events.

Timing: F.A.T. timing by Leone Timing

Awards: Medals Top 3 places (seeded and unseeded). Champions in each event will receive a winning event T-shirt for seeded races only.

Facility: Liverpool has a brand new 8-lane all-weather track. Bathroom facilities are available on site next to the concession stand. Please use 1/4" spikes or less. The Concession stand will have food during the meet. There will be T-Shirts for sale.

Bus Parking: You can drop off at the stadium, and the driver will park over in the front lot of the High School.

Event Information: Scratches due ASAP upon arrival. For Finals, all heat winners plus the next best times will qualify for individual and relay events. Track events will be girls followed by boys.

Track Events: 9am Steeplechase
 400m relay (Semi's)
 100h/110h (Semi's)
 100m (Semi's)
 3200m relay
 200m (Semi's)
 100h/110h (Finals)
 100m (Finals)
 800m- Seeded
 800m- Unseeded
 400m
 400IH
 400m relay (Finals)
 1500m- Seeded
 1500m- Unseeded
 1600m- Seeded
 1600m- Unseeded
 200m (Finals)
 3000/3200m
 1600m relay

Field Events: All field events get 3 attempts.

Opening heights PV (B)-8' (G)- 6'6" Heights to increase by 6"

HJ (G)- 4'2" (B)- 4'10" Heights will increase by 2 inches

LJ/TJ Pits: Boys runway will be closer to track, Girls runway will be closer to parking lot.

Session 1	Boys	Girls	Session 2	Boys	Girls
	LJ	LJ	At end of	TJ	TJ
	Shot Put	Disc	session 1	Disc	Shot Put
	HJ	PV		PV	HJ