

# MASSAPEQUA CHIEF INVITATIONAL



FRIDAY MAY 9<sup>th</sup>, 2025

**Held at Berner Middle School Track Complex**

Please contact the following coaches with any questions or concerns:

Rich Degnan: [mbundr8029@aol.com](mailto:mbundr8029@aol.com) 516-458-6110

Mike Dellicurti: [MDellicurti@msd.k12.ny.us](mailto:MDellicurti@msd.k12.ny.us) 516-695-5076

Berner Middle School  
50 Carman Mill Road  
Massapequa NY 11758

Time: 4:30 PM-10:30 PM

Clerking: Begins at 4:15 pm

FULLY AUTOMATIC TIMING

**Please enter on MileSplit-NY (<https://ny.milesplit.com>) by 11pm Wednesday May 7<sup>th</sup>, 2025**

- **Accepted Invitational athletes and alternates will be posted on MileSplit-NY Thursday May 8<sup>th</sup>**
- Three-event limit: An athlete may compete in two open events, and one relay.
- Due to the late starting time, we will need to limit entries to 4 per running event
- **The Long Jump, Triple Jump, Pole Vault, Shot and Discus will be limited to the top 20 entries in each event.**

**Awards:** Medals will be given to the top five finishers in all finals including relays and Class events

**Born to Run Mile** All under 4:24 win a pizza

**American Girl 1500** All under 4:55 win a pizza

**Equipment:** Spikes ¼ in length can be worn on all runways and the track. Please supply your own relay batons. **Starting blocks will be provided for Championship Events**

**Event Information:**

- The high jump will start at 4'6" for girls and 5'6" for boys.
- One pit will be used in the long and triple jump.
- There will be a minimum measurement standard see below
- The Mile Medley after the top three seeded heats will run as 800-200-200-400.
- Only two relay teams per school per relay event TSMR SMR
- Athletes not accepted in the Championship 100, 200, 400, 800, 1500m, Mile Run will be moved to the class events in that event. (Exception: Boys One Mile Run will compete in Boys 1600m)

**Food/Souvenir Shirts:** Will be on sale the day of the meet.

**Please support the Massapequa Track & Field Booster Club**

**Entry Fees: This is an entry fee not a participation fee.**

**Section VIII teams:** \$220.00 boys' / \$220.00 girls' team or \$400 combined team.

Officials will be split between Section VIII schools and billed through BOCES.

**Non - Section VIII teams:** \$240.00 boys / \$240.00 girls team or \$450 combined team.

**Drop off and bus parking:** Buses will drop off by the track and follow the security guards instructions to park on Carman's Road or behind Berner Middle School.

**Team Tents:** No team tents will be allowed on the turf field on the south side of the track. Please only put team tents on the East Side of the Track.



**Bus  
Parking**

**No Tents**

**No Tents**

**Bus Parking- Along Carman Rd.**

MASSAPEQUA CHIEF INVITATIONAL  
"Under the Lights"

\*\*This form must be submitted to enter our meet

FRIDAY MAY 9<sup>th</sup>, 2025  
Berner Middle School



School: \_\_\_\_\_

AD & Phone Number: \_\_\_\_\_

**PLEASE CIRCLE ALL THAT APPLY: This is an entry fee not a participation fee.**

**Section VIII teams**

BOYS	GIRLS	COMBINED
\$220	\$220	\$400

**Non - Section VIII teams**

BOYS	GIRLS	COMBINED
\$240	\$240	\$450.00

**Boys Coach:** \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Asst. Coach: \_\_\_\_\_

Approximate # of athletes: Runners \_\_\_\_\_ Jumpers \_\_\_\_\_ Throwers \_\_\_\_\_

**Girls Coach:** \_\_\_\_\_

Phone: \_\_\_\_\_ e-mail: \_\_\_\_\_

Asst. Coach: \_\_\_\_\_

Approximate # of athletes: Runners \_\_\_\_\_ Jumpers \_\_\_\_\_ Throwers \_\_\_\_\_

Send Entry to: Massapequa High School **\*\*Email copy of entry to Mbundr8029@aol.com**  
C/O Shannon McEntee  
4925 Merrick Road  
Massapequa, NY 11758

**Make checks or PO's payable to: Massapequa High School**

**Entries Due: MAY 7<sup>th</sup>, 2025**

**PLEASE EMAIL A HARD COPY**

**MASSAPEQUA CHIEF INVITATIONAL  
FRIDAY MAY 9<sup>TH</sup>, 2025  
Berner Middle School**

**ORDER OF EVENTS**

**RUNNING EVENTS START AT 4:30 PM**

**BOYS 3000-meter Steeplechase**  
**GIRLS 2000-meter Steeplechase**  
**BOYS MILE MEDLEY 200-200-400-800** (2 teams limit per school)  
**GIRLS MILE MEDLEY 200-200-400-800** (2 teams limit per school)  
**BOYS CLASS 1600** (4 athletes per school)  
**GIRLS CLASS 1500** (4 athletes per school)  
**BOYS 100M DASH TRIALS (4 athletes per school) (TOP 18 SEEDED)**  
Seeded section winner of each heat make it to final plus next three fastest  
**GIRLS 100M DASH TRIALS (4 athletes per school) (TOP 18 SEEDED)**  
Seeded section winner of each heat make it to final plus next three fastest  
Remaining Athletes will run in the class races immediately following the above trials.

**CHAMPIONSHIP EVENTS**

**BOYS CHAMPIONSHIP 400M HURDLES** (TOP 18 ENTRIES ACCEPTED)  
**GIRLS CHAMPIONSHIP 400M HURDLES** (TOP 18 ENTRIES ACCEPTED)  
**BOYS CHAMPIONSHIP 100 METER FINAL**  
**GIRLS CHAMPIONSHIP 100 METER FINAL**  
**BOYS CHAMPIONSHIP Mile** (Race song -Born to Run) (TOP TWELVE ENTRIES)  
**GIRLS CHAMPIONSHIP 1500** (Race song- American Girl) (TOP TWELVE ENTRIES)  
**BOYS 200 METER DASH FINAL** (TOP TWELVE ENTRIES)  
**GIRLS 200 METER DASH FINAL** (TOP TWELVE ENTRIES)  
**BOYS 400 METER DASH FINAL** (TOP TWELVE ENTRIES)  
**GIRLS 400 METER DASH FINAL** (TOP TWELVE ENTRIES)  
**BOYS CHAMPIONSHIP 800M RUN** (TOP TWELVE ENTRIES)  
**GIRLS CHAMPIONSHIP 800M RUN** (TOP TWELVE ENTRIES)

**BOYS TEXAS SPRINT MEDLEY 100-100-200-400**  
**GIRLS TEXAS SPRINT MEDLEY 100-100-200-400**  
**BOYS CLASS 400M DASH** (4 athletes per school)  
**GIRLS CLASS 400M DASH** (4 athletes per school)  
**BOYS CLASS 800M RUN** (4 athletes per school)  
**GIRLS CLASS 800M RUN** (4 athletes per school)  
**BOYS CLASS 200 METER** (4 athletes per school)  
**GIRLS CLASS 200 METER** (4 athletes per school)

# **FIELD EVENTS START AT 4:30 PM → CHECK IN AT 4:15PM**

**FIELD EVENTS will be pre seeded**

**\*\*ALL FIELD EVENT COMPETITORS MUST CHECK IN AT THE START OF THE MEET\*\***

- 4:45 PM      GIRLS SHOT PUT CHAMPIONSHIP (Top 18 verified entries)-  
Top 6 to finals - 3 additional throws.**
- 4:45 PM      BOYS DISCUS CHAMPIONSHIP (Top 18 verified entries)-  
Top 6 to finals for 3 additional throws.**
- 6:30 PM      GIRLS DISCUS CHAMPIONSHIP (Top 20 verified entries)-  
Top 6 to finals for 3 additional throws.**  
.
- 6:30 PM      BOYS SHOT PUT CHAMPIONSHIP (Top verified 18 entries)-  
Top 6 to finals for 3 additional throws**  
.
- 4:45 PM      GIRLS HIGH JUMP Opening Height 4'6" (top 18 verified entries)  
FOLLOWED BY BOYS HIGH JUMP Opening height 5'6" ( Top 18 verified entries)**
- 4:45 PM      BOYS AND GIRLS POLE VAULT -Girl's Championship (Top 12 verified entries)  
Opening height will open at 7'9" then 8'3" and go up in 6' increments thereafter.**
- FOLLOWED BY BOYS CHAMPIONSHIP PV (top 12 verified entries) will open at 10'3"  
and go up in 6" increments.**
- 4:45 PM      BOYS LONG JUMP CHAMPIONSHIP (Top 18 verified entries)- 3 jumps,  
Top 6 make finals  
FOLLOWED BY GIRLS LONG JUMP CHAMPIONSHIP (Top 18 verified entries) 3 jumps,  
Top 6 into the finals for 3 additional jumps.**
- 7:15 PM      BOYS TRIPLE JUMP CHAMPIONSHIP- (Top 18 verified entries) 3 jumps Top 6 to finals.  
FOLLOWED BY GIRL'S TRIPLE JUMP CHAMPIONSHIP – (Top 20 verified entries) 3 jumps  
Top 6 to finals.**