54th Annual McDANIEL-BAXTER CROSS COUNTY INVITATIONAL

@ Chenango Valley High School Saturday, September 17th, 2022



Entries / Intent to Enter

Coaches, please send a quick email to mwilson2@cvcsd.stier.org with your intent to enter. Information for entries will be emailed to these coaches in early September.

RACE DAY ITINERARY

9:00am	Rebecca Mercik Memorial Run/Walk	2.2K	PUBLIC RACE (\$10 Entry Fee)
9:15am	Coaches Meeting		Red Shed @ Finish Area
9:35am	Mod Boys Race	2.2K	Unlimited Entries
9:45am	Mod Girls Race	2.2K	Unlimited Entries
10:02am	Varsity Boys Race	4K	10 Runner Maximum
10:27am	Varsity Girls Race	4K	10 Runner Maximum
11:01am	JV Boys Race	4K	Unlimited Entries
11:28am	JV Girls Race	4K	Unlimited Entries
12:05pm	Warrior Kids Fun Run	800M	Public Kids Race
12:10pm	Awards Ceremony	Team Awards	Finish Line

The 54th Annual McDaniel-Baxter XC Invite

We hope you are able to join us for what should be a great day of racing on the hills and trails at Chenango Valley High School. This year's events will begin with the Rebecca Mercik Run/Walk in memorial of our former athlete. Proceeds from this event will be donated to the Rebecca Mercik Scholarship fund. There will also be a Warrior kids fun run prior to the awards ceremony.

POINTS OF EMPHASIS

- 1. Our course is constantly changing as we adapt to weather, routes, and construction. The final course will be emailed prior to event and will of course include our famous hills!
- 2. The distance for all high school races is 4K (2.49 miles) and 2.2K for Modified.
- 3. Varsity races have a maximum of 10 entrants and a minimum of 7 (unless your program does not have 7 athletes who are competitive at the varsity level).
- 4. Larger schools are encouraged to enter up to 10 runners in the varsity boys race to help reduce the size of the JV boys race.
- 5. Individual awards will be handed out in chute.
- 6. The Warrior Kids Fun Run will finish on the track immediately preceding the Awards Ceremony. This should give young future distance runners an opportunity to finish in front of the crowd gathering for the Awards ceremony. The Fun Run is a free 800M XC run for kids under age 12. The start for this race is on the "Rock Pile" near the start for all of the other races.

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AWARDS

Team:

- 1. Varsity Races: The top Class A/B schools, top Class C schools, and top Class D schools will each receive a team plaque.
- 2. JV Races: the top large school (A/B) and top small school (C/D) will receive a team plaque.
- 3. Modified Races: the top large school (A/B) and top small school (C/D) will receive a team plaque.

Individual:

- 1. All races- Meet Sticker 1-50.
- 2. Varsity Races: Plaque/Medal for the top 25 finishers; T-shirts for places 1-10.
- 3. JV Races: Plaque/Medal for the top 15 finishers; T-shirts for places 1-5.
- 4. Modified Races: T-shirts for places 1-5.

Special:

- 1. A team award for the school who runs the fastest combined time based on the following:
 - Combined time of your top boy and top girl in the Varsity races
 - Combined time of your top boy and top girl in the JV races

NOTES OF INTEREST

- 1. A concession stand will be available for athletes and spectators.
- 2. T-shirts will be available for purchase.

QUESTIONS

Please contact Varsity XC Coach Matt Wilson: E-mail - mwilson2@cvcsd.stier.org
Call / Text - (607)-742-6160

EMAIL YOUR INTENT TO ENTER: mwilson2@cvcsd.stier.org

Directions for entering participants will be sent via this email address to those who have emailed their intent to enter.

INVITATIONAL ENTRY FEE

The cost of this invitational is \$150.00 per school for all races or \$40.00 per race.

Make checks payable to:

CV Running Club

Mail check to:

Brad Tomm – Athletic Director Chenango Valley Central Schools 221 Chenango Bridge Road Binghamton, NY 13901