

The 56th Annual Nassau Coaches XC Invitational

Saturday, October 21st, 2023 – Bethpage State Park

All races will be contested over the Scenic 5k Course (Map Attached)

Invitational Awards:

- **Medals** to the **Top 50 Individuals** in All Races – Handed Out at the End of the Chute at the Conclusion of Each Race
- **Cowbells** to the Top 7 Individuals - Varsity, Freshmen, and Sophomore Races
- **Trophy** for the **Fastest Time of the Day** (One Boy, One Girl)
- **Trophy** for the **Fastest 5th Man of the Day** (One **Varsity** Boy and Girl)
- **Trophies** to the **Top 3 Teams** in the Freshmen, Sophomore, and Varsity
Please Note - No Team Awards Given for the Junior Varsity Races!
- **T-Shirts** for **Winning Varsity, Freshmen and Sophomore Teams & Coach**

Meet Notes:

1. In the Varsity Races, schools may enter up to 7 individual runners. In the Freshmen, Sophomore, and JV Races, individual entries are unlimited.
2. Any school that desires to be entered into a specific varsity race must have that request included on their entry. Race assignments will not be changed once they have been released.
3. Schools may enter an additional varsity team, but will then be split up with one competing in the Fred DeRuvo race and the other in the Bob Baratta race.
4. Coaches are allowed anywhere on the course. Spectators and non-competing athletes will be allowed in areas discussed during the coaches meeting.
5. The course will be VERY WELL marked off for outside schools competing.
6. All fees associated with the invitational are **ENTRY**, not participation fees. Schools who owe entry fees from previous invitationals will be denied entry until the overdue payment has been resolved.
7. Section VIII schools will split the cost of the officials. Non-Section VIII schools will be charged \$25 towards that cost.
8. Results will immediately be posted on www.elitefeats.com for all races.

Rosters:

- Nassau County schools will use their assigned racing bibs from Elite Feats.
- Teams outside of Nassau County will have to send a roster of **competing athletes** to EliteFeats so racing bibs can be created. **The form that needs to be used will be emailed upon receipt of your entry.** *Please only enter the athletes racing at the invitational as we have to pay for each bib created!*

Parking:

Bethpage State Park will charge for parking with the cost for cars being \$8 and bus parking costing \$75 without a pre-purchased pass. Section VIII teams should buy the pass themselves as listed in the handbook. Non-Section VIII teams should purchase the pass from the Coaches Association which must be done on your entry. **If you do not have a parking pass your bus will not be allowed in the park!**

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Invitational Schedule:

Coaches Meeting (Finish Line)	8:45 am
Boys Freshmen	9:00 am
Girls Freshmen	9:05 am
Boys Sophomore	9:25 am
Girls Sophomore	9:30 am
Boys Junior Varsity	9:50 am
Girls Junior Varsity	9:55 am
Fred DeRuvo Boys Varsity Race	10:15 am
Fred DeRuvo Girls Varsity Race	10:20 am
Bob Baratta Boys Varsity Race	10:45 am
Bob Baratta Girls Varsity Race	10:50 am

All athletes should report to the starting line ready to race with their issued EliteFeats racing bib. Runners must cross over the entry mat, located at the start line, so that their bib is entered into the EliteFeats' results program.

Varsity Seeding:

Requests for seeding in the varsity races must accompany your entry. We will try to accommodate all requests, however, the final decisions will be made with the goal to have two equally competitive varsity sections. Varsity race assignments will be posted by October 18th on the Milesplit page for the invitational. **There will be NO CHANGES to the assigned races on the day of the invitational.**

Questions?

Michael Ringhauser, NCTCA President
michael.ringhauser@gmail.com or (631) 245-1564

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Entries must be received by Wednesday, October 18th, 2023.
Please make sure that you review the W9 Form attached to this meet entry and are sending your entry and payment to the correct address.

Circle One: BOYS ENTRY GIRLS ENTRY

School: _____

Address: _____

Coach: _____ Phone: _____

E-mail: _____

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**Freshmen**                      # of Runners \_\_\_\_\_                      x \$8                      =                      \$ \_\_\_\_\_

**Sophomores**                      # of Runners \_\_\_\_\_                      x \$8                      =                      \$ \_\_\_\_\_

**Junior Varsity**                      # of Runners \_\_\_\_\_                      x \$8                      =                      \$ \_\_\_\_\_

**Varsity Team**                      # of Teams \_\_\_\_\_                      x \$60                      =                      \$ \_\_\_\_\_

**NON-SECTION VIII TEAMS ADD \$25 FOR OFFICIALS**                      =                      \$ \_\_\_\_\_

*Section VIII teams will split the cost of officials and be billed through BOCES.*

**ADD \$35 IF PURCHASING A BETHPAGE BUS PASS**                      =                      \$ \_\_\_\_\_

***TOTAL ENTRY FEE***                      =                      \$ \_\_\_\_\_

Checks Payable:                      Nassau County Track Coaches Association (NCTCA)

Tax ID:                      421705038

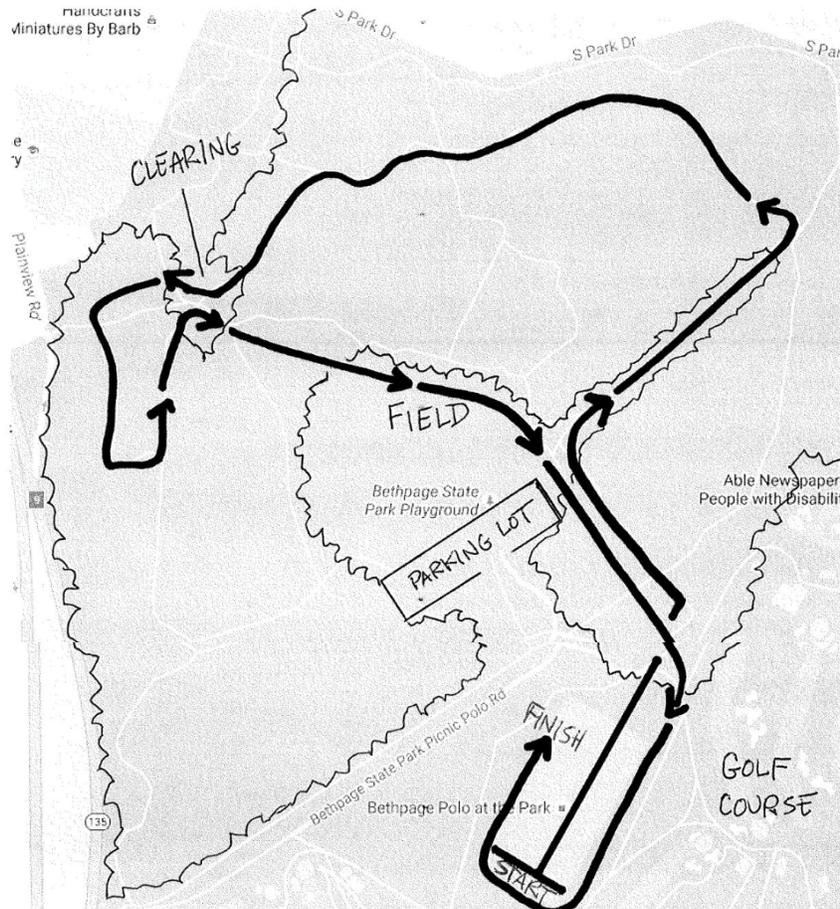
Mail Entries:                      Michael Ringhauser  
15 Russell Lane  
Patchogue, NY 11772

Email Entries:  
[michael.ringhauser@gmail.com](mailto:michael.ringhauser@gmail.com)

Questions:                      Michael Ringhauser, NCTCA President  
Cell: 631-245-1564

**Coaches: PLEASE SEND A COPY OF YOUR TEAM'S ENTRY TO US!**

# Bethpage State Park Course Map



## Course Notes:

All races will begin at the polo field with spectators able to see the opening 400m of each race. The runners will then enter into the scenic trails for approximately the next 1.5 miles, with several areas available for coaches and spectators to travel to if wanting to watch. The athletes will then enter into the baseball fields, a brief trail section and a final loop of the polo fields making the last mile of the race visible from several areas on the course. All parts of the race will take place on well-cut grass, trails and woodchips, besides two very brief road crossings, with one challenging hill just prior to entering the baseball fields. Spikes are encouraged.

**Request for Taxpayer  
 Identification Number and Certification**

Give Form to the  
 requester. Do not  
 send to the IRS.

Go to [www.irs.gov/FormW9](http://www.irs.gov/FormW9) for instructions and the latest information.

1 Name (as shown on your income tax return). Name is required on this line; do not leave this line blank.  
**Nassau County Track Coaches Association, Inc.**

2 Business name/disregarded entity name, if different from above

3 Check appropriate box for federal tax classification of the person whose name is entered on line 1. Check only one of the following seven boxes.

Individual/sole proprietor or single-member LLC

C Corporation

S Corporation

Partnership

Trust/estate

Limited liability company. Enter the tax classification (C=C corporation, S=S corporation, P=Partnership) ▶

Other (see instructions) ▶

4 Exemptions (codes apply only to certain entities, not individuals; see instructions on page 3):

Exempt payee code (if any) \_\_\_\_\_

Exemption from FATCA reporting code (if any) \_\_\_\_\_

(Relates to account maintained outside the U.S.)

5 Address (number, street, and apt. or suite no.) See instructions.  
**15 Russell Lane**

6 City, state, and ZIP code  
**Patchogue, NY 11772**

7 List account number(s) here (optional)

**Part I Taxpayer Identification Number (TIN)**

Enter your TIN in the appropriate box. The TIN provided must match the name given on line 1 to avoid backup withholding. For individuals, this is generally your social security number (SSN). However, for a resident alien, sole proprietor, or disregarded entity, see the instructions for Part I, later. For other entities, it is your employer identification number (EIN). If you do not have a number, see *How to get a TIN*, later.

**Note:** If the account is in more than one name, see the instructions for line 1. Also see *What Name and Number To Give the Requester* for guidelines on whose number to enter.

Social security number

|  |   |  |   |  |  |  |  |
|--|---|--|---|--|--|--|--|
|  | - |  | - |  |  |  |  |
|--|---|--|---|--|--|--|--|

OR

Employer identification number

|   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|
| 4 | 2 | - | 1 | 7 | 0 | 5 | 0 | 3 | 8 |
|---|---|---|---|---|---|---|---|---|---|

**Part II Certification**

Under penalties of perjury, I certify that:

- The number shown on this form is my correct taxpayer identification number (or I am waiting for a number to be issued to me); and
- I am not subject to backup withholding because: (a) I am exempt from backup withholding, or (b) I have not been notified by the Internal Revenue Service (IRS) that I am subject to backup withholding as a result of a failure to report all interest or dividends, or (c) the IRS has notified me that I am no longer subject to backup withholding; and
- I am a U.S. citizen or other U.S. person (defined below); and
- The FATCA code(s) entered on this form (if any) indicating that I am exempt from FATCA reporting is correct.

**Certification instructions.** You must cross out item 2 above if you have been notified by the IRS that you are currently subject to backup withholding because you have failed to report all interest and dividends on your tax return. For real estate transactions, item 2 does not apply. For mortgage interest paid, acquisition or abandonment of secured property, cancellation of debt, contributions to an individual retirement arrangement (IRA), and generally, payments other than interest and dividends, you are not required to sign the certification, but you must provide your correct TIN. See the instructions for Part II, later.

Sign Here Signature of U.S. person ▶ *Michael Ruff* Date ▶ 8/11/2023

**General Instructions**

Section references are to the Internal Revenue Code unless otherwise noted.

**Future developments.** For the latest information about developments related to Form W-9 and its instructions, such as legislation enacted after they were published, go to [www.irs.gov/FormW9](http://www.irs.gov/FormW9).

**Purpose of Form**

An individual or entity (Form W-9 requester) who is required to file an information return with the IRS must obtain your correct taxpayer identification number (TIN) which may be your social security number (SSN), individual taxpayer identification number (ITIN), adoption taxpayer identification number (ATIN), or employer identification number (EIN), to report on an information return the amount paid to you, or other amount reportable on an information return. Examples of information returns include, but are not limited to, the following:

- Form 1099-INT (interest earned or paid)
- Form 1099-DIV (dividends, including those from stocks or mutual funds)
- Form 1099-MISC (various types of income, prizes, awards, or gross proceeds)
- Form 1099-B (stock or mutual fund sales and certain other transactions by brokers)
- Form 1099-S (proceeds from real estate transactions)
- Form 1099-K (merchant card and third party network transactions)
- Form 1098 (home mortgage interest), 1098-E (student loan interest), 1098-T (tuition)
- Form 1099-C (canceled debt)
- Form 1099-A (acquisition or abandonment of secured property)

Use Form W-9 only if you are a U.S. person (including a resident alien), to provide your correct TIN.

If you do not return Form W-9 to the requester with a TIN, you might be subject to backup withholding. See *What is backup withholding*, later.