

2021 North Country Invitational
Hosted by Norwood-Norfolk Central School

Saturday, October 16th, 2021

*Site of the 2007 NYS Cross Country Championships
2017 SUNYAC Conference Cross Country Championships*

Race Schedule:	Modified Girls	10:00
	Modified Boys	10:30
	Varsity Girls	11:00
	Varsity Boys	11:30

Unlimited entries are allowed in each race, however only top 7 per team are scored.

Course is mostly wooded, “a great runner’s course”, with trails averaging 10 feet wide. Some challenging hills and great spectator viewing of finish and start. Course is the 5k course used for the 2007 State Championships.

Awards: High School/Middle School races:

Plaques to the top two teams in all races.
Medals to top 3 and ribbons for places 4-10 in all races.

Entry Fee: High School/Middle School Races:

\$90.00 per school
Make checks payable to Norwood-Norfolk Cross Country
c/o Mr. Kent Fetter
Norwood-Norfolk Central School
7852 State Highway 56
Norwood, NY 13668

Entries must be emailed to kfetter@nnck12.org no later than Friday, October 15 at noon.

Please include: Coach’s name and contact number
School
Last name, First Name, Gender, Grade Level

