18TH ANNUAL PINE BUSH INVITATIONAL RELAYS FRIDAY MAY 11, 2018 PINE BUSH HIGH SCHOOL TRACK

NOTES ON THE MEET:

1. Entry fee: \$25.00 per relay team; \$10.00 per individual Event; or \$250.00 blanket entry.

Make checks Payable to:

Pine Bush CSD

and MAIL TO: Al Schmidt 451 Borden Road Wallkill, NY 12589 or FAX to 744-3160; Michael Gillespie Athletic Director

NO ENTRY WILL BE ACCEPTED AFTER MAY 9th

- 2. 1/4" spikes allowed. Bring your own batons; pins; and BLOCKS
- 3. Park bus in parking lot by track.
- 4. There will be a concession stand.
- 5. <u>AWARDS:</u> Medals to Top 3 Teams in each Relay event
 Medals to Top 6 in each Individual event including Field Events
 NO TEAM SCORE
- 6. Bring a 3x5 card with full names of entry on the card with seed time. <u>Hand</u> in cards to clerks tent before the meet starts. Put cards in proper envelopes.

TRACK EVENTS:

Relays Individual

Shuttle Hurdles Fresh/Soph 1600/1500m Run

400m Relay (Fresh/Soph and Varsity) Varsity 800m Run 800m Relay (Fresh/Soph and Varsity)

Modified 1600m Relay

1600m Relay (Fresh/Soph and Varsity)

3200m Relay (Fresh/Soph and Varsity)

Sprint Medley Relay

Distance Medley Relay

FIELD EVENTS:

Long JumpShot PutTriple JumpDiscusHigh JumpPole Vault

****** PLEASE LIMIT FIELD EVENT ENTRIES TO 3 PER SCHOOL

****** SHOT PUT AND DISCUS THROWS WILL BE MARKED UNLESS THEIR THROW IS SHORTER THAN BEST

18TH ANNUAL PINE BUSH INVITATIONAL RELAYS ORDER OF EVENTS

5:00 PM START TRACK EVENTS (Boys than Girls)

SHUTTLE HURDLE RELAY (3x110/3x100)

DISTANCE MEDLEY RELAY (1200-400-800-1600)

4X100M RELAY (Freshman/Sophomore then Varsity)

FRESHMAN/SOPHOMORE 1600/1500M RUN

SPRINT MEDLEY RELAY (400-200-200-800)

7th/8th (Modified) 4x400M RELAY

4x800M RELAY (Freshman/Sophomore then Varsity)

4x200M RELAY (Freshman/Sophomore then Varsity)

VARSITY 800M RUN

4x400M RELAY (Freshman/Sophomore then Varsity)

5:00 PM START FIELD EVENTS

POLE VAULT (Boys & Girls COMBINED)

HIGH JUMP (Boys & Girls COMBINED)

DISCUS (GIRLS than BOYS) SHOT PUT TO FOLLOW

LONG JUMP (Boys & Girls COMBINED) OPEN PIT

TRIPLE JUMP (Boys & Girls COMBINED) OPEN PIT

18TH ANNUAL PB INVITATIONAL RELAYS FRIDAY MAY 11, 2018

| EVENTS | BOYS | | GIRLS |
|---|-----------------------|----------------------------------|-----------|
| SHUTTLE HURDLES (LIMIT 1) | | | |
| DISTANCE MEDLEY (LIMIT 1) | | | |
| 400M RELAY Fresh/Soph (LIMIT 1) | | | |
| 400M RELAY Varsity (LIMIT 1) | | | |
| Fresh/Soph 1600/1500M RUN (LIMIT | | | |
| SPRINT MEDLEY (LIMIT 1) | | | |
| 7 th /8 th (Modified) 4X400M RELAY | | | |
| 3200M RELAY Fresh/Soph (LIMIT 1) | | | |
| 3200M RELAY Varsity (LIMIT 1) | | | |
| 800M RELAY Fresh/Soph (LIMIT 1) | | | |
| 800M RELAY Varsity (LIMIT 1) | | | |
| 800M RUN Varsity (LIMIT 3) | | | |
| 1600M RELAY Fresh/Soph (LIMIT 1) | | | |
| 1600M RELAY Varsity (LIMIT 1) | | | |
| FIELD EVENT LIMIT TO 3 PER EVENT | | | |
| TOTAL # OF Relay Ent TOTAL # OF Individual | ries: Entries: _ | _ x \$25.00= _ _ x \$10.00= _ | |
| TOTAL ENTRY = or BI | LANKET E | | 50.00 |
| Mail entries to: Al Schmidt 451 Borden Rd. Wallkill, NY 12589 | ENTRI | (circle) ES DUE MA | Y 9, 2018 |
| , | **NO EXCEPTIONS** | | |

Or Fax to: Pine Bush Athletic Director: 744-3160

CHECKS PAYABLE TO: Pine Bush CSD