

# Roger Clark Lyons Invitational



**Saturday, April 26th, 2025**



**Lyons Track & Field Facility**

**Meet will start promptly at 9:00 a.m.**

**No Coaches Meeting**

**\*\*Only 16 schools will be accepted for participation.**

**Athletes can do 4 events.**

**Each school may enter 3 athletes in all running and field events.**

**Only 1 relay team per entry event.**

**Entries will be made to [www.yentiming.com](http://www.yentiming.com) on Thursday, April 24th.**

**Entry Deadline is 8:00 p.m.**

**There will only be drops the day of the meet, No Adds.**

**Email your intent to participate to [ebenderski@lyonscsd.org](mailto:ebenderski@lyonscsd.org)**

**ASAP as we fill up quickly!**

**\*No Team Scoring**

**\*Ribbons to the top 6 finishers in each event.**

**Rules: Only 1/8"spikes will be permitted. All spectators and non-competitors will not be permitted inside the competition areas. FAT will be used. All running events will be conducted as finals and will be seeded per entry.**

**Concessions will be available.**

**Entry Fee: \$300 per school, mailed by April 18th to:**

**Lyons Sports Boosters**

**Attention: Zac Young**

**10 Clyde Road**

**Lyons, NY 14489**



## Track Events

G-100m Pent. Hurdles

G-100m Hurdles

B-110 Pent. Hurdles

B-110m Hurdles

G-4 x 800m Relay

B-4 x 800m Relay

G-100m

B-100m

B- 3000m Steeplechase

G-2000m Steeplechase

G-400m

B-400m

G-1500m

B-1600m

G- 4 x 100m Relay

B- 4 x 100m Relay

G- 400m Hurdles

B- 400m Hurdles

G- 800m

B- 800m

G- 200m

B- 200m

G- 3000m

B- 3200m

G-Pent. 800

B. Pent. 1500

G- 4 x 400m Relay

B- 4 x 400m Relay

## Boys Field Events

-Long Jump then Triple Jump

-Discus then Shot Put

-High Jump after Pent. HJ.

-Pole Vault

## Girls Field Events

-Long Jump then Triple Jump

-Shot Put then Discus

-High Jump after Pent. HJ

-Pole Vault

## Pentathlon Order

-100/110 Hurdles

-High Jump

-Shot Put

-Long Jump

-800m/1500m

