

2021 Stock-Conwicke Cross Country Invitational



Dear Coach,

We invite you to the 60th annual Sid Stock-Ted Conwicke Cross Country Invitational. This year, our meet will focus on the up and coming runners who feed our successful programs; it will be a celebration of youth running with <u>separate races for 7th, 8th, and 9th graders</u>.

Our redesigned 1.5 mile course is more spectator friendly and challenging than ever; taking you through open sport fields, rolling hills, a technical climb, and scenic wooded trails.

Please fill out this **Google Form** by **August 23** to let us know your intentions.

In the first week of September, I will send out a roster sheet for you to complete and return.

We hope to hear from you soon.

Respectfully yours,

Stephen Marcin Vestal Cross Country (908) 797-5208 sjmarcin@vestal.k12.ny.us



2021 Stock-Conwicke Cross Country Invitational



DATE: Friday, September 24, 2021

LOCATION: Arnold Park, Vestal NY

DIRECTIONS: Take Route 17 / I-86 to Exit 67 South (Rt. 26 South – Vestal). Continue 1 mile on Rt. 26 to

the top of the hill. At the blinking yellow light, turn left onto Pierce Hill Rd. Continue on Pierce Hill for 1.2 miles to Andrews Rd. on your right. Arnold Park is 100 yards up the

Road.

TENTATIVE 4:30 — Open Kids Race

SCHEDULE 4:45 — Coaches Meeting at Finish Line

5:00 — 7th Grade Boys 5:20 — 7th Grade Girls 5:40 — 8th Grade Boys 6:00 — 8th Grade Girls 6:20 — 9th Grade Boys 6:40 — 9th Grade Girls 7:00 — Coaches Race

7:15 — "Souvenirs and Recognitions" at Pavillion 1

Shirts will be available for pre-order, and a limited stock will be available for purchase on race-day.

ENTRY \$130.00 max per school, \$25 per race, or \$10.00 per runner.

Send Payment to: Vestal Athletic Department

205 Woodlawn Drive Vestal, NY 13850 FAX: 757-2351

Make checks payable to <u>Vestal Running Bears</u>

Once again, please fill out this **Google Form** by **August 23** to let us know your intentions.

 $\underline{https://docs.google.com/forms/d/1u90pjLWPz6SocmD8sYbWPNjRtVN3ymKkwMbKEy61v24/edit}$