

"SUNSET STAMPEDE"

HOSTED BY LAKE SHORE XC

FRIDAY OCTOBER 21, 2022

Evangola State Park

Entry Fee: \$200 for all teams in school program (\$100 for single team)

Meet Roster: Rosters should be entered online at milesplit.com by October 16th

Send Entry Fee & Registration to:

Lake Shore XC Attn: Mike Brinkerhoff 959 Beach Rd. Angola, NY 14006 <u>michael.brinkerhoff@lscsd.org</u>

Schedule: 4:45 Modified (Boys & Girls)

- 5:15 Boys Race (Varsity & JV)
- 5:45 Girls Race (Varsity & JV)

Friday evening as the sun begins setting across Lake Erie creates the ideal atmosphere to spend the last weekend of racing before championships. Open fields, a cliffside stretch along Lake Erie, and wooded trails will be accentuated with the setting sun and onset of fall. Join us for a great afternoon in the park and enjoy a long weekend before heading into the XC championship stretch.

Course: The flat 3.1 mile course is all grass with stretches along Lake Erie and wooded trails. The Modified course is 1.75 miles.

Awards: Trophies to Top 3 teams in Varsity races for Boys and Girls in Small and Large School divisions. Top 3 Modified teams using combined boys/girls times.

Concessions: T-shirts (\$20), pizza, drink and Cold Stone Creamery available for purchase.

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SCHOOL:	СОАСН:	
COACH EMAIL:		NE:
Approximate # attending:		
VARSITY/JV BOYS: #		
VARSITY/JV GIRLS: #		
MODIFIED BOYS & GIRLS: #	_	

Please email the entry form ASAP to <u>michael.brinkerhoff@lscsd.org</u> with your intention to participate. Contact Mike Brinkerhoff at (716) 604-8949 with any questions.

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Location: Evangola State Park is a 733-acre state park in southern Erie County, New York, USA. The park is located west of the Village of Farnham, at the border of the Town of Brant and the Town of Evans. The address is 10191 Old Lake Shore Rd, Irving, NY 14081

From the North: Take NYS Thruway 90 to Exit 57A Eden/Angola. Turn Right onto Eden/Evans Center Rd. Continue 4 miles and take a left onto Route 5 (Erie Rd.) and continue for 4 miles to the park entrance. Drive straight through the park to the parking lot area.

From the South/West: Take NYS Thruway 90 to Exit 58 Silver Creek. Veer right and take Route 5 East, continuing through the traffic circle on Route 5. Continue for 2.5 miles to the park entrance on the left. Drive straight through the park to the parking lot area.

Parking: There are hundreds of parking spots on site and plenty of handicapped parking for easy accessibility.

