

2023 Tully Cross Country Invitational

Saturday October 7th, 2023

Course: It is moderately challenging with hills, grass trails and cinder trails. The course is very spectator friendly, where runners can be seen at least 5 times during the varsity races. It is marked with a solid line.

Cost: \$200 for more than one team, \$100.00 for one same gender team, \$5.00 per athlete. Please make checks payable to Tully Cross Country Invitational. C/C Michelle Rauber 20 State Street, Tully NY 13159

Concession stand: There will be a large concession stand available.

T-shirts: T-shirts will be for sale.

Awards: 1st - 10th place ribbons, participation ribbons to everyone.
1st - 3rd place team plaques with team's pictures
1st - 10th place individual t-shirts

** Special effort t-shirts will be given to each team at packet pickup. Please give this shirt to any member of your team who you deem deserving of it.

Races: Race divisions will be based on school size. We will split the field to make 2 fair races.

Varsity races: We will be allowing unlimited runners in the varsity race this year. We will score the JV race out of the varsity race, and awards will be given

Entries:

- 1) Send entries to ny.milespilt.com. Please check to see when entries close.
- 2) Please email Michelle Franklin-Rauber (mrauber@k12.tullyschools.org) or Jim Paccia (jpaccia@k12.tullyschools.org) and let us know that you are planning on attending and what teams you will be bringing by **Friday September 30th, 2022**.

Order of Races

8:45 am - Coaches meeting

9:00 am - Open race 5k/mile fun run

9:30 am - jr. high girls small school division

10:00 am - jr. high girls large school division

10:30 pm - jr. High boys small school division

11:00 pm - jr. high boys large school division

11:30 pm - Varsity girls small school division

12:00 pm - Varsity girls large school division

12:30 pm - Varsity boys small school division

1:00 pm - Varsity boys large school division

Questions contact: Michelle Franklin-Rauber

315-696-6213 or 607-749-5959

mrauber@k12.tullyschools.org

Or

Jim Paccia

315-696-6235 or 315-439-3147

jpaccia@k12.tullyschools.org