THERUNNINGSCHOOL.COM PRESENTS WARWICK VALLEY'S 21st ANNUAL "WAVE MANIA"

Saturday September 10, 2022 @ Sanfordville Elementary School

in Warwick, NY

You are invited to enter the 21st Annual Wave Mania Cross Country Festival hosted by

Dream Big Athletics Inc! Join the best teams and aspiring distance runners from New

York, New Jersey, Pennsylvania, and Connecticut at the scenic 5,000 meter

championship course which was the site of the 2006 NYSPHSAA X-C Championships!

The all grass and rolling course will serve your runners a treat they will long remember.

Great awards, music, and food await your team. The awards include custom medals 20 deep in all races, and a plaque to the winning team in each race.

DATE: Saturday September 10, 2022

PLACE: Sanfordville Elementary School, Warwick, New York (1/2 mile from WVHS)

RACES:

Varsity (Maximum 7 Runners @ 3.09m course)

Junior Varsity (Unlimited @ 2.61m course)

Freshman (Unlimited @ 1.5m course

Sanctions Applied for NY-NJ-CT

Races will be evenly seeded in all Varsity Divisions. There is NO CHAMPIONSHIP RACE

ENTRY PAYABLE TO: Dream Big Athletics Inc

31 Barbara Drive

Warwick, NY 10990

For your business office DBA Inc is a Non-Profit Organization EIN #: 26-1354444

ENTRY FEE: \$150 Blanket Entry Per Gender (\$300 B&G)

Or

\$60 Varsity team of 7 Runners only

Or

\$15 per Individual

CONTACT: Mike Potter-Meet Director

(845) 987-6997

wvxctf@gmail.com

Questions about your online entries should be addressed to Tim Fulton (914) 629-7669 or fulton.timmy@gmail.com. Questions about other "things" Wave Mania go to me.

MEET ENTRY BLANK

Please complete neatly

Name of School:		
Address:		
	State:	
Boys Coach:		Email:
Daytime Phone:	Evening Phone:	
Girls Coach:		Email:
Daytime Phone:	Evening Phone:	
Please indicate the number of	of athletes you intend to enter	in each race. Remember that
Varsity races are limited to 7	Athletes ONLY and the rest	are UNLIMITED.
Freshman Boys	Freshman Girls_	
Junior Varsity Boys	ys Junior Varsity Girls	
Varsity Boys	Varsity Girls	
ENTRY PAYABLE TO:_	Dream Big Athletics Inc	
	31 Barbara Drive	
	Warwick NV 10990	

For your business office DBA Inc is a Non-Profit Organization EIN #: 26-1354444

ENTRY DEADLINE/ PROCEDURE:

You must do 2 things. 1-Make sure the paper entry is mailed to me at the above address postmarked no later than Sat Sept 3, 2022. (I understand the check may be mailed later) or you may email the above information of the Entry Blank to: wvxctf@gmail.com by the same deadline with the title "Wave Mania" so I am aware of your intent to compete. Please indicate the total number of runners in each race for your team. If I do not email you back, I did not get your entry!

2- Enter your roster online at: http://ny.milesplit.com/calendar no later than Wed Sept 7, 2022 at 8pm. Please list ONLY the athletes you expect to run on your roster.

ENTRY CONFIRMATION: After submitting your roster into the Wave Mania Invite on Milesplit, you may print a confirmation of your entries

2022 WAVE MANIA X-C FESTIVAL

ORDER OF EVENTS (subject to change upon final entries)

Medals 1-20 in All RacesPlaque to Championship team in each race

8:41am Girls JV I (2.61 miles)

9:11am Boys JV I (2.61 miles)

9:36am Boys JV II (2.61 miles)

10:01am Boys Varsity I (3.09 miles)

10:26am Girls Varsity I (3.09 miles)

10:56am Boys Varsity II (3.09 miles)

11:21am Girls Varsity II (3.09 miles)

11:51am Girls Frosh (1.5 miles)

12:06pm Boys Frosh (1.5 miles)

Final Time Schedule and race assignments will be announced Thursday September 8, 2022 on Milesplit Wave Mania Page, email and on our twitter: warwickvalleyxc

Depending on the number of entries we may only have 1 varsity race for each gender and we may adjust Frosh and JV races slightly also so please arrive accordingly and re-check the schedule when posted after final entries

Meet T-Shirts will be on sale for \$15

Concession stand also open

Coaches MUST SUPPLY OWN PINS