

**The Cahill Classic
Sauquoit Valley Track & Field**

**Sauquoit Valley Track & Field Complex
2601 Oneida St. Sauquoit, NY 13456**

3:45 Coaches meeting and scratches

4:00 Field events begin

4:00 Running events begin

FAT timing will be provided by Leone Timing, along with live meet results (LeoneTiming.com). Entries must be entered on NY MileSplit by Thursday, April 27th, at 9:00 pm. Entry lists will be available on LeoneTiming.com. Concessions and T-shirts will be available.

Meet Director

John Nicotera
(315) 269-4637
jnicotera@oneida-boces.org

Registration: Coaches should register on NY MileSplit. Please mail vouchers to Doug Jones, Athletic Director (school address listed above). Checks & Purchase Orders should be made payable to: Sauquoit Valley Varsity Club- Track & Field.

Please be sure to register for the meet on NY MileSplit and email me (jnicotera@oneida-boces.org) confirming that you are coming along with which team(s) from your school.

Entry Fee

\$250 co-ed
\$150 single gender
\$20 single athlete

Awards: Ribbons for 1st-6th place finish in all events. Plaques for Winning Girls Team, Winning Boys Team, Combined Co-Ed Winner

Athlete Entries:

- School limited to 2 male, 2 female entries per event
- Each athlete is limited to 4 events
- Each school can enter 1 relay team in each relay

Order of Events

RUNNING EVENTS

DMR (1200, 400, 800, 1600)
110HH B finals
100H G finals
3200 / 3000 B/G final
100 B/G final
800 B/G final
400 B/G final
400H B/G final
SMR (400, 200, 200, 800)
1600 / 1500 B/G final
200 B/G final
4 x 800 B/G final
4 x 100 B/G final
4 x 400 B/G final

FIELD EVENTS

Boys shot put followed by Girls
Girls discus followed by Boys

Girls long jump followed by Triple Jump
Boys long jump followed by Triple Jump

Boys Pole Vault (Opening 7')
Girls Pole Vault (Opening 5'6")

Girls High Jump (Opening 4')
Boys High Jump (Opening 5')

Meet Notes:

- Girls followed by Boys
- Boys HJ followed by Girls HJ (opposite of Pole Vault)
- Jumps and throws are flighted
- HJ athletes, please make sure they get back to the event ASAP.
- There will be 2 jump pits, one dedicated to each sex
- Horizontal Jumps: Girls pit towards backstretch, Boys pit towards home stretch.
- Throws and Horizontal Jumps: 4 attempts, no finals
- Girls Pole Vault will increase by 1' from 5' 6" to 7' 6", then by 6" increments thereafter
- Boys Pole Vault will increase by 1' from 7' to 9' then by 6" increments thereafter
- Buses will drop off athletes at the Track complex, then ask to park off site where directed to by staff