



John Izzo Cross Country Classic  
September 21, 2024  
Letchworth State Park, High Banks Recreation Area

Dear Coach,

We invite you and your runners to be a part of the 2<sup>nd</sup> annual John Izzo XC Invitational hosted by the Dansville and Rush-Henrietta XC teams.

**PLEASE send your intent to compete NLT Sept 1<sup>st</sup> to Lynn Auble or Mike De May so we can confirm one or two divisions based on entries....THANK YOU!**

**100% of the profits from this meet will go to help fund the Section V Cross Country Hall of Fame and Section V XC All Stars.**

**Course:** A flat fast course with a mix of grass and wooded trails. Spikes recommended, but not necessary.

**Course Records:** 15:26.2, Jake Passalugo, Fairport '23 / 18:06.0, Ari Reback, Fairport '23

**Order of Events:** **Please Note - D1 is enrollment of 450+ while D2 is 449 or less**

9:00am D2 Girls Sub Varsity (unlimited)	11:15pm D1 Girls Sub Varsity (unlimited)
9:40am D2 Boys Sub Varsity (unlimited)	11:55pm D1 Boys Sub Varsity (unlimited)
10:15am D2 Girls Varsity (Top 7 only)	12:30pm D1 Girls Varsity (Top 7 only)
10:45am D2 Boys Varsity (Top 7 only)	1:00pm D1 Boys Varsity (Top 7 only)

**Awards:** Varsity - Top 3 teams / Sub Varsity - First Place

**Individual Awards:** Varsity - Top 15 / Sub Varsity - Top 15

\*Champion T-shirts to each race winner

#### **Entry Information**

Entries are due by 8:00pm, Wed, September 18<sup>th</sup> on Yen Timing <http://www.yentiming.com/>

**Entry fee** is \$170.00 for a combined boys & girls, \$125.00 for a single gender team

#### **Makes checks payable to Section V Athletics**

Send payment to Section V c/o XC All Stars - XC HOF

131 Drumlin Court - Maple Building

Newark, NY 14513

**Questions or concerns please contact co-meet directors:**

Mike De May at 585-259-9565 / [coachdemay@yahoo.com](mailto:coachdemay@yahoo.com)

Lynn Auble at 585-322-3460 / [aublel@dansvillecsd.org](mailto:aublel@dansvillecsd.org)