

# 51st McDANIEL-BAXTER CROSS COUNTY INVITATIONAL @ CHENANGO VALLEY HIGH SCHOOL **SEPTEMBER 15<sup>th</sup>, 2018**

# RACE DAY ITINERARY

8:45 am	<b>Coaches Meeting</b>		Warrior Stadium (midfield)
**9:00 am	The XC Warrior Challenge	4K	<b>PUBLIC RACE**</b>
9:30 am	<b>Modified Boys Scrimmage</b>	2K	Unlimited Entries
9:45 am	<b>Modified Girls Scrimmage</b>	2K	Unlimited Entries
10:05 am	Varsity Boys Race	4K	Unlimited Entries
10:25 am	Varsity Girls Race	4K	Unlimited Entries
10:50 am	JV Boys Race	4K	Unlimited Entries
11:15 am	JV Girls Race	4K	Unlimited Entries
**11:45 am	The XC Warrior Fun Run	600M	PUBLIC KIDS RACE**
			(finished inside Warrior Stadium)
11:50 am	Awards Ceremony		Warrior Stadium

# **Entries / Intent to Enter**

Coaches, please send a quick email to JeridJones@live.com with your intent to enter. Information for entries will be emailed to these coaches in September.

# The 51st McDaniel-Baxter XC Invite

We hope you are able to join us for what should be a great day of racing on the hills and trails at Chenango Valley High School. We will again be hosting the Warrior Challenge, a 4K public race, as part of our race day events. Coaches are encouraged to enter the Warrior Challenge, and will be charged no entry fee. The Warrior Challenge is a competition for both individuals and teams.

#### POINTS OF EMPHASIS

- 1. We will run a slightly different course this year due to flash flood damage. The finish line will not be moved, but the start line will be moved from the "Plateau" out to the "Rock Pile."
- 2. The distance for all high school races (and the public Warrior Challenge race) is 4K (2.49 miles).
- 3. Varsity races have a maximum of 10 entrants and a minimum of 7 (unless your program does not have 7 athletes who are competitive at the varsity level).
- 4. Larger schools are encouraged to enter up to 10 runners in the varsity boys race to help reduce the size of the JV boys race.
- 5. Individual awards will be handed out in chute.
- 6. The Warrior Fun Run will finish on the track immediately preceding the Awards Ceremony. This should give young future distance runners an opportunity to finish in front of the crowd gathering for the Awards ceremony. The Fun Run is a free 600M XC run for kids under age 12. The start for this race is on the "Rock Pile" near the start for all other races.

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# **AWARDS**

#### Team:

- 1. Varsity Races: the top 3 large schools and top 3 small schools will receive a team plaque.
- 2. JV Races: the top large school and top small school will receive a team plaque.
- 3. Modified Races: are a scrimmage; no awards will be given

#### **Individual:**

- 1. Varsity Races: Plaques for the top 25 finishers; T-shirts for places 1-10.
- 2. JV Races: Plaques for the top 15 finishers; T-shirts for places 1-5.

## Special:

- 1. A team award for the school who runs the fastest combined time based on the following:
  - Combined time of your top boy and top girl in the Varsity races
  - Combined time of your top boy and top girl in the JV races
  - Coach's time in the Warrior Challenge public race

# **NOTES OF INTEREST**

- 1. A concession stand will be available for athletes and spectators.
- 2. T-shirts will be available for purchase.

# **QUESTIONS**

Please contact Varsity XC Coach Jerid Jones: E-mail - <u>JeridJones@live.com</u>

Call / Text - (607) 222-9990

# EMAIL YOUR INTENT TO ENTER: JeridJones@live.com

Directions for entering participants will be sent via this email address to those who have emailed their intent to enter.

# **INVITATIONAL ENTRY FEE**

The cost of this invitational is \$125.00 per school for all races or \$25.00 per race.

#### Make checks payable to:

**CV Running Club** 

# Mail check to:

Brad Tomm – Athletic Director Chenango Valley Central Schools 221 Chenango Bridge Road Binghamton, NY 13901